

# Eveline van Buel

Registered Nurse and Master in Health Science

October 2013



**A Buurtzorg Nurse**

# Self Introduction

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## Education background:

- Art academy: 2000-2001
- Bachelor Nurse: 2001-2005
- Master in Health Science: 2005-2007

## Career History:

- Community Nurse: 2005-2007
- Staff function in a Psychiatric hospital: 2007-2008
- Community Nurse in Buurtzorg: from 2008

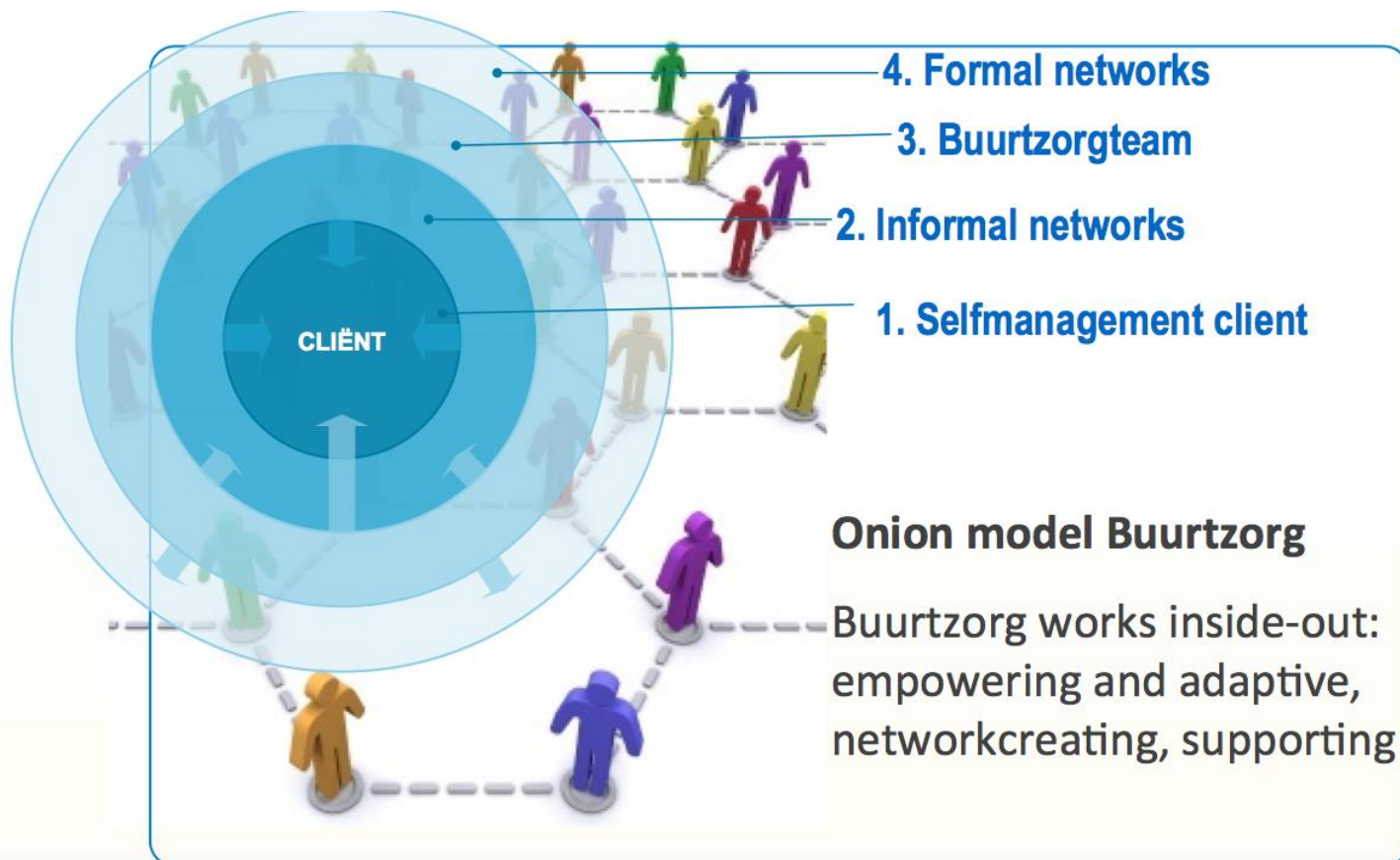
# “Regular” organisation

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- Management
- Planning
- Lot of employees
- Different levels



# Onion model Buurtzorg



# Patient

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- Central
- Environment
- Manage care
- Time, no pressure!
- 3-4 different nurses
- 1 contact nurse



# Nurse

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- Small teams
- Self management
- Neighbourhood
- “Short line”
- High responsibility
- Lower absenteeism



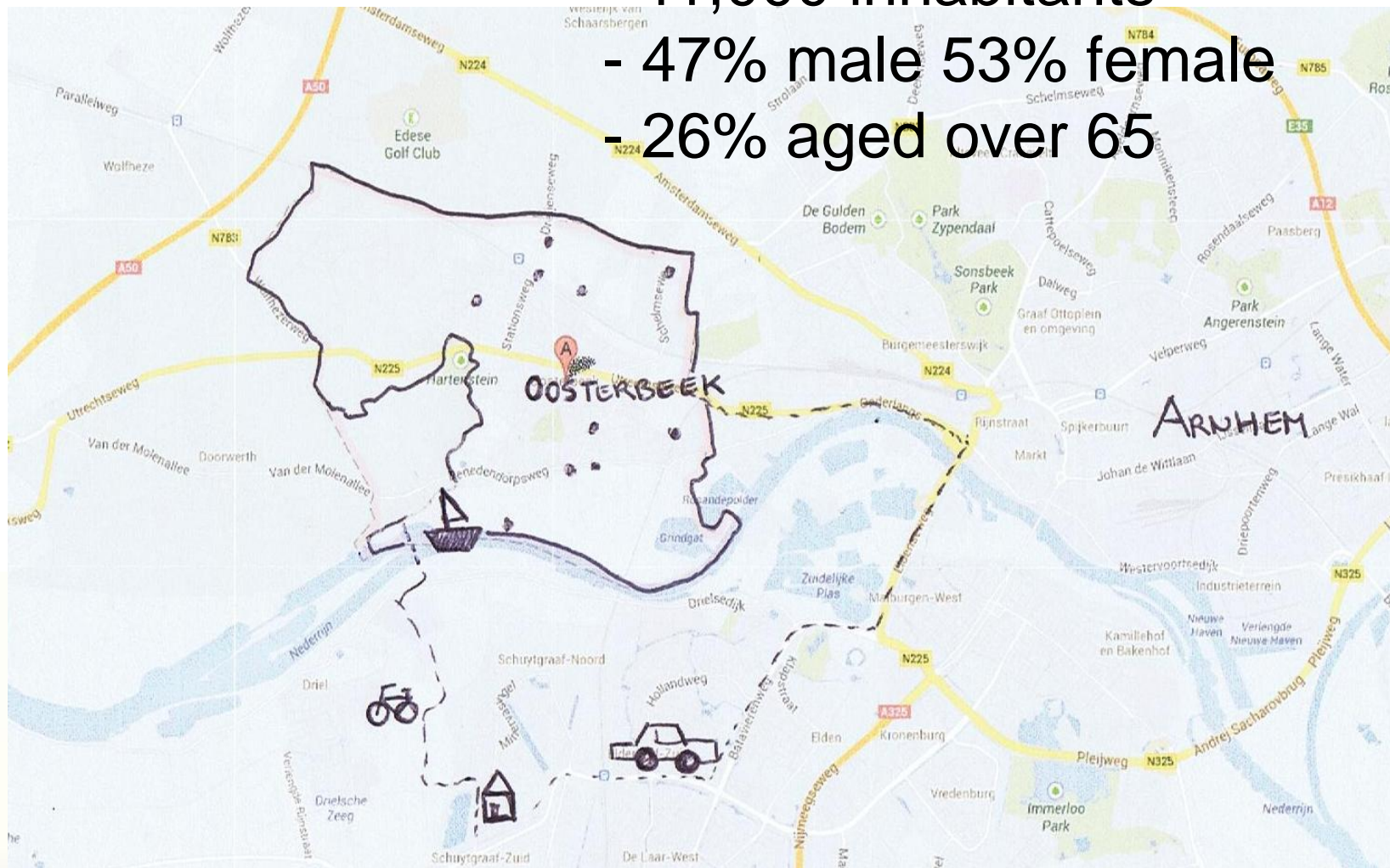
# Our Team

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- 3 nurses and 4 nursing assistants
- 60-70% care
- 20-30% administrative
- ± 30-40 patients
- Profile patients:
  - Frail elderly
  - Cancer
  - Heart disease
  - Dementia
- Age group: 70-96 years old. (rarely a child)

# Population Oosterbeek:

- 11,000 inhabitants
- 47% male 53% female
- 26% aged over 65





# My day & week

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- Visit 5-7 patients
  - Start around 8 am until 12-13 pm.
  - Diverse care
- Support colleagues
- Office / administration / meeting

# Day planning

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Team:

**woensdag 2 oktober 2013 - Week 40** Regulier ▾ Vandaag is ingepland ▾

Ochtend 8:00 12:00 Bereikbaar:  Achterwacht:  Aantal diensten: 3

8:00

**8:00** **C. Lafeber**  
0:15 transfer naar toilet  
Anja Neerhof, Eveline van Buel

**0:05** Reistijd

**8:20** **A. Wolderingh van...**  
0:15 steunkousen aan trekken  
Dineke Wesselink, Anja Neerhof

**8:35** **BMJS. Hendriks - ...**  
0:30 helpen met ADL  
Dineke Wesselink, Jennie He...

**0:05** Reistijd

**9:10** **C. Lafeber**  
1:00 Douchebeurt  
Anja Neerhof, Eveline van Buel

**0:10** Reistijd

**10:20** **PH. Hendriks**  
0:30 Wondzorg rechter hiel. Begel...

**0:05** Reistijd

**10:55** **J. Zeggelaar**  
0:30 A.D.L zorg  
Anja Neerhof, Eveline van Buel

11:25 3:25 0:35

8:00

**8:00** **G.G. Burgers - Krol**  
0:45 douchebeurt en op woensda...  
Jennie Hesseling, Angenita B...

**0:05** Reistijd

**8:50** **M. Bakhuizen**  
0:15 dagelijks insuline spuiten en ...  
Jennie Hesseling, Angenita B...

**0:05** Reistijd

**9:10** **HG. Westland**  
0:45 Hulp bij douchen en aankleden

**0:05** Reistijd

**10:00** **GPJ. Schiebergen**  
0:30 douchen, dhr wast zichzelf v...  
Jennie Hesseling, Anja Neerhof

**0:05** Reistijd

**10:35** **WR. Stelling**  
0:30 Douchen.  
Jennie Hesseling, Eveline va...

11:05 3:05 0:55

9:00

**9:00** **FD. Ploeg - Smeders**  
0:15 Controle medicatie, laatste ...  
Dineke Wesselink, Eveline va...

**0:05** Reistijd

**9:20** **JM. van den Born**  
0:45 Toezicht bij ADL/ of douchen...  
Angenita Boer, Jennie Hessel...

**0:05** Reistijd

**10:10** **A.C. Verburg - Kr...**  
1:00 A.D.L zorg, was voor de was...  
Angenita Boer, Wendel van Eyk

11:10 2:10 1:50

Dienst tot

Planningsafspraken

Ochtend

**9:00** **T Houben**  
0:30 Wondzorg.

**10:00** **WAT Hufen**  
0:40 Stoma zorg en controle won...  
Heidi Steggerda, Lisan Copp...

**10:00** **W Langendoen - d...**  
0:30 Tijdelijk dagelijks controle m...  
Anja Neerhof

# Network in the community

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- Office in Primary Care Center
  - Physiotherapy
  - Ergonomics
  - Psychology
  - Company physician
- 1 Pharmacy
- 2 General practices
- 3 Hospitals
- 3 Major home care organizations

# Relationship with GP

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- “ Short line”
  - Easy to consult
  - Involved with their patient
  - Take time
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- When we make a phone call they know that our question is worth it to answer.

# Prevention Projects

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- Focus on self support
- Using patient centered groups
- Working together with volunteers
- Example: rollator race

## Patient: Pancreas Cancer (2011 January-April)

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Female 60 years with pancreas cancer,  
Husband with bladder cancer,  
2 children live apart

- GP, weekly visit
- Buurtzorg, 2-3 times/day: palliative care, ADL, morphine infusion.
- Home care, once/day: Total Parental Nutrition
- Care Match, once/day: Night Care
- Informal network



A black and white photograph of a park bench. The bench is made of wooden slats and has a blue rectangular sign with white text that reads "BUURTZORG". The bench is situated on a paved path in a park-like setting with trees and grass in the background. Another bench is visible in the distance to the left.

BUURTZORG

Thank you for your attention